

PhytoCellTec<sup>™</sup> Exosomes Dual exosome power for rejuvenation









# Exosomes – a Trending Topic with Real Potential



- Exosomes have been increasingly discussed in the past few years due to their potential for the diagnosis and therapy of diseases, such as cancer and neurodegenerative diseases.
- Cutaneous **medical aesthetics** use effect of exosomes on wound healing, skin pigmentation, and hair loss.
- In the meantime, exosomes have also evolved into a hot topic in the world of **cosmetics**.





## What is the Function of Exosomes?



- Exosomes are an important component of cellular **communication** systems.
- Exosomes released by one cell are e.g. taken up by the recipient cell (endocytic uptake)
   → response in this cell is initiated.
- Signaling via exosomes plays a **major role** in many **cellular processes**, such as signal transduction and immune response.





### **Plant-Derived Exosomes**





- Similar to human cells, plant cells use extracellular vesicles to transfer messages from cell to cell (RNAs, proteins, lipids, and secondary metabolites).
- Plant-derived exosome-like nanovesicles → "plant exosomes"
- Function in the plant: intercellular communication, defense system or cell wall organization.
- Similar composition, size and function as in skin tissue.

## **Plant-Derived Exosomes**



- Plant-derived exosomes can be taken up by mammalian cells and have a beneficial effect on human health!
- Exosomes from different plants showed antiinflammatory, antioxidant, anti-tumor, or wound healing potential in human (1, 2).
- Recent research results confirmed the **anti-aging** potential of **plant exosomes** for the skin (3).
- **Plant exosomes** can be taken up by the **skin** where they unleash their full potential.

Subha, D. et al. (2023) Plant Nano Biology 3:100022.
 Mu, N. et al. (2023) Int J Nanomedicine 18:4987 – 5009.
 Trentini, M. et al. (2022) Cells 11:3950.



Schematic representation of different therapeutic potential of plant exosomes D. Subha, K. Harshnii, K.G. Madhikiruba et al. Plant Nano Biology 3 (2023) 100022



# PhytoCellTec<sup>™</sup> Exosomes: A Dual Activity to Rejuvenate the Skin







# Dual Approach of PhytoCellTec<sup>™</sup> Exosomes



#### 1. Plant exosomes from the outside

• Goji stem cell-derived exosomes act directly on the outer cell layer, the **keratinocytes**, to strengthen the barrier and to protect skin from aggressive external factors and dehydration.

#### → Strengthened skin barrier, reduction of fine wrinkles.

#### 2. Endogenous exosomes produced by mesenchymal stem cells

- Increased production of exosomes mesenchymal stem cells (MSCs) release
- Fibroblast in the dermis are activated through exosomes to produce more collagen and elastin
- → Production of extracellular matrix, increase of skin density, reduction of sagging skin, V-shaped face and lifted breasts.



# Stem Cells from Goji Plant Contains Valuable Exosomes



- Bush up to 3 m in height native to Southeast Europe and Asia.
- Belongs to the nightshade family such as potatoes and tomatoes.
- Legend: Goji berries were first discovered by a Buddhist monk. The monks who incorporated them into their diets lived longer than those who didn't.
- Goji berries are considered superfruits / health food.
- Food supplements claiming anti-aging, immune boosting, energizing improvement of memory.
- Recent studies demonstrated that exosomes from goji plants provide health benefits (muscle atrophy and spinal cord injuries)\*.

\*Zhou, X. et al. (2024) J Nanobiotechnology 22(1):276. Wang, Q. et al. (2024) Bioeng Transl Med. 9(4):e10646.



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# Plant Stem Cells are an Ideal Source for Exosomes





It is **difficult** to extract pure exosomes from plants due to the cell walls and intricate structure of plant cells!

- → Plant stem cells are an ideal source for exosomes
- → No rigid cell walls, no chlorophyll, have a high number of exosomes inside and around the cells.
- → Additionally, they provide the positive effects of plant stem cells on skin stem cells.

### Plant Stem Cells for Skin Stem Cells



The stem cells of a goji seedling, obtained and cultivated by Mibelle Biochemistry's PhytoCellTec<sup>™</sup> technology, are the basis of the active ingredient PhytoCellTec<sup>™</sup> Exosomes.



Stem cells on agar plate

Stem cell culture

Goji plant stem cell extract containing:

- exosomes from plant stem cells
- epigenetic factors that have a vitalizing effect on skin stem cells



Goji seedling

## PhytoCellTec<sup>™</sup> Exosomes Composition



Lycium Barbarum Cell Culture Extract (dry)	0.8 %
Isomalt	93 %
Phospholipids	0.8 %
Aqua (residual moist)	~6 %

#### **INCI (EU/PCPC) Declaration**

Lycium Barbarum Callus Culture Extract (and) Isomalt (and) Lecithin (and) Aqua/Water

**Recommended Use Level:** 0.4 - 1 %



# PhytoCellTec<sup>™</sup> Exosomes Contains Exosomes











#### Test sample: Goji stem cell extract Parameter:

- Vesicle size of exosomes (Zeta Sizer Nano ZS from Malvern Panalytical)
- Pictures (freeze-fracture transmission electron microscopy)



- PhytoCellTec<sup>™</sup> Exosomes naturally contains **exosomes** derived from the **plant stem cells** of a **goji seedling**.
- Exosomes are of a size of approximately 200 nm.
- **Images** confirmed the presence and the size of these exosomes that are enclosed by a **double-layer membrane**.



# Plant Exosomes for Improved Skin Barrier Function

To assess the **first part of the dual action**, the effect of plant exosomes on the skin, gene expression in keratinocytes was analyzed.



Cell type:	Normal human epidermal keratinocytes (NHEK)
Test substance:	0.1 % Goji stem cell extract
Treatment:	Application of 0.1% Goji stem cell extract
	to normal human epidermal keratinocytes for 24 hours

Parameter: Expression of genes important for the skin barrier and skin function (RT-qPCR)



### **Improved Skin Barrier Function**





Genes involved in the late **differentiation** and **cornification** process of keratinocytes were strongly upregulated (graph):

- CRCT1 = cysteine-rich C-terminal 1
- LCE2B = late cornified envelope 2B
- LOR = loricrin

Additionally, the gene expression of genes important for **regeneration** and **protection** was upregulated:

- epidermal growth factor (EGF,108 %)
- fibroblast growth factor (FGF7, 161 %)
- heat shock protein
- antioxidant gene
- (HSPA6, 407 %) (SOD3, 64 %)



# Activation of Aged Mesenchymal Stem Cells



To investigate the **second part of the dual action**, first, the effect of PhytoCellTec<sup>™</sup> Exosomes on the vitality of mesenchymal stem cells (MSCs) was assessed.



Cell type: Test substance:	Adipose-derived human MSCs, grown for 14 passages to mimic the aging process. 1 % Goji stem cell extract
Treatment:	Aged MSCs +/- 1 % Goji stem cell extract Incubation for 72 h Control without treatment
Parameter:	Expression of stem cell markers (RT-qPCR).



# Exosomes from Mesenchymal Stem Cells Rejuvenate Fibroblasts

















Increased expression of different stem cell markers in aged MSCs.

→ PhytoCellTec<sup>TM</sup> Exosomes is able to **rejuvenate** mesenchymal stem cells and help them maintain their **stemness**.







Assessment of the effect of PhytoCellTec<sup>™</sup> Exosomes on the exosome production capability.

Cell type:	Human mesenchymal stem cells (MSCs)
Test substance:	0.1 % Goji stem cell extract
Treatment:	Incubation of MSCs +/- (control) 0.1 % Goji stem cell extract for 24 h. Isolation of exosomes that were released from the cells (EXO-prep kit)
Parameters:	Quantification of exosomes by 2 methods: - total protein amount (BCA protein assay)

- activity of acetylcholinesterase, a known exosomal protein (FluoroCet quantitation kit)



# Increase in Exosome Production by Mesenchymal Stem Cells

2 + 1.5 Increase in exosome levels normalized to control (=1) 1 0.5 762 Ο Total protein Enzyme activity quantification quantification \*p<0.05 versus control

Control 0.1% Goji stem cell extract



Both quantification methods revealed that treatment with Goji stem cell extract leads to an **increase in exosome production** by MSCs.



# Stimulation of Extracellular Matrix Genes through Cell-Cell Communication

Investigation whether MSCs treated with Goji stem cell extract are able to **communicate** with **fibroblasts** to stimulate production of extracellular matrix (ECM) proteins.

Cell types: Test substance: Treatment: Human mesenchymal stem cells (MSCs), fibroblasts

1 % Goji stem cell extract

1. Treatment of MSC for 72 h with test substance

2. Add the supernatant (= conditioned mediumto) the fibroblasts for 24 h (control: medium from untreated MSCs).



Parameters:



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# Stimulation of Extracellular Matrix Genes Through Cell-Cell Communication



Conditioned medium from untreated MSCs

Conditioned medium from MSCs treated with 1% Goji stem cell extract





Increased gene expression of

- collagen 3 and 16\*
- elastin\*
- PLOD1 (crucial for collagen production)\*
- LOX (connects collagen and elastin → stability and elasticity ↑) \*
- → PhytoCellTec<sup>™</sup> Exosomes improves cell-cell communication between MSCs and fibroblasts.
- \* No effect via direct treatment of fibroblasts.





Volunteers:	23 (f, Caucasian, 41 - 69 y), with signs of photo-aging
Test substance:	Cream with 0.4 % PhytoCellTec™ Exosomes, placebo cream
Application:	Twice daily on one-half of the face, the corresponding placebo on the other half of the face, for 56 days.
Parameter:	Wrinkle depth (PRIMOS lite)





#### Improvement of Wrinkles

Placebo 0.4% PhytoCellTec<sup>™</sup> Exosomes



\*p<0.05 versus initial conditions

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In an intact, youthful dermis, the collagen and elastic fiber structure is dense and yields colorful reflections in ultrasonographic pictures. In photo-aged skin, **disruption of this collagen structure** leads to dark patches (= subepidermal low-echogenic bands, **SLEB**).

Volunteers:	23 (f, Caucasian, 41 - 69 y), with signs of photo-aging
Test substance:	Cream with 0.4 % PhytoCellTec™ Exosomes, placebo cream
Application:	Twice daily on the inner side of one forearm (placebo cream on the inner side of the other forearm) for a period of 28 days
Parameter:	Density (epidermis + dermis) by ultrasonic measurements



### Improvement of Skin Density





#### Placebo 0.4% PhytoCellTec<sup>™</sup> Exosomes



\*p<0.05 versus untreated \*\*p<0.01 versus untreated PhytoCellTec<sup>™</sup> Exosomes significantly improved **skin density** and visibly **reduced the SLEB** in photo-aged skin after 1 month.







Volunteers:	<ul> <li>67 (f, Caucasian, 39 - 70 y) with sagging facial skin,</li> <li>✓ split into two groups:</li> <li>✓ Group 1 applied a cream with 0.4 % PhytoCellTec<sup>™</sup> Exosomes</li> <li>✓ Group 2 applied the corresponding placebo cream</li> </ul>
Test substance:	Cream with 0.4 % PhytoCellTec™ Exosomes, placebo cream
Application:	Face and neck, twice daily for 28 days
Parameter:	Oval face shape = neck / submandibular triangle size (Visioface)



### **Oval Face Shape Measurement**







### Improvement of Oval Face Shape



Placebo 0.4% PhytoCellTec™ Exosomes





PhytoCellTec<sup>™</sup> Exosomes significantly improved oval face shape.

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#### Improvement of Oval Face Shape





28 days

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## **Breast Lifting Effect**





Aging leads to reduced extracellular matrix production, less elastic and sagging skin

- $\rightarrow$  lowering of the breast
- ightarrow loss of fullness of the breast

Volunteers:	44 (f, 18 - 44 y), split into two groups
Test substance:	Cream with 0.4 % PhytoCellTec™ Exosomes,
	placebo cream
Application:	Twice daily for 56 days on the breast area
Parameter:	Bust distances (VECTRA-XT)
	Skin elasticity (Cutometer dual MPA 580)
	Breast condition (Regnault ptosis classification)



## Improvement of Breast Lifting after 2 Months





Measurement of the bust distances between

- the nipple and the sternum
- the nipple and the inframammary fold

Lifting = reduced nipple-sternum distance + increased nipple-inframammary fold distance

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PhytoCellTec<sup>™</sup> Exosomes significantly improved breast lifting.



\*p<0.05 versus placebo and \*p<0.001 versus initial conditions



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## Improvement of Skin Elasticity after 2 Months



PhytoCellTec<sup>™</sup> Exosomes significantly improved skin elasticity in the breast area.

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## Anti-Sagging Breast Effect after 2 Months



#### Placebo 0.4 % PhytoCellTec<sup>™</sup> Exosomes



Regnault ptosis classification



Scheme of the Regnault ptosis classification: (Score 0) normal, (Score 1) mild sagging, (Score 2) moderate sagging, (Score 3) severe sagging, (Score 4) pseudoptosis.



PhytoCellTec<sup>™</sup> Exosomes significantly improved breast lifting in 54.5% of the volunteers.

\*p<0.05 versus initial conditions

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## PhytoCellTec<sup>™</sup> Exosomes





- Doubles the exosomal power
- Increases collagen and elastin expression
- Improves skin density
- Minimizes fine wrinkles and deeper lines
- Tightens facial contours
- Breast lifting effect

# PhytoCellTec<sup>™</sup> Exosomes Applications





- Exosome cosmetics
- Tightening and contouring serums for the face and neck
- Collagen boosting formulations
- Contouring masks
- Lifting and firming anti-aging formulas
- Breast lifting treatments

# PhytoCellTec<sup>™</sup> Exosomes Marketing Benefits





- Dual exosome activity
- Advanced stem cell cosmetics
- Plant stem cells from a superfruit
- Application of exosome signaling
- Proven efficacy on mesenchymal stem cells
- Sustainable production of raw material
- BSB Silver Award Category Cosmetics Raw Materials / Actives
- Innovation Zone Best Ingredient Bronze Award Category Actives
- Product movie
- <u>www.phytocelltec.ch</u>









# PhytoCellTec<sup>™</sup> Exosomes Marketing Tools





#### **Prototype Formulation**

PhytoCellTec™ Exosomes Rejuvenating Sheet Mask

 $\rightarrow$  PDF available, samples available, <u>blog</u>



Website Blog post Product description

Movies Product movie

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